

# Trading four wheels for two

When Catherine decided to give bike riding a try only a short while ago, she had no idea it would transform her daily life. Living in Dulwich Hill with her husband and two young children, Catherine was juggling school and day care drop-offs, work commutes, and errands. Owning just one car — a necessity for her tradie husband — meant she needed a more practical solution.

After hearing about cargo bikes from friends, Catherine decided to test the waters. “I hired a cargo e-bike for a month through Lug & Carrie, thinking it would just get me through a busy period,” she recalls. That trial month turned into a six-month rental, and eventually, Catherine bought her own cargo bike. “We haven’t looked back since,” she says with a smile.

## Transforming the everyday

What started as a practical choice has become a lifestyle. Catherine now rides for those everyday trips — school and day care drop-offs, shopping trips, and even her work commute to Sydenham Station. “It’s so much faster than driving or catching the bus,” she says. “Parking near school or the shops is such a hassle, but with the bike, I can pull up right outside. Plus, I’m getting some exercise while ticking off errands.”

Her kids, now seasoned riders themselves, love the adventures too. “My eldest rides alongside me now, and it’s been a great way to teach road safety and share some quality time,” Catherine explains.

## Turning weekends into adventures

Catherine’s bike has also reshaped family weekends. “We explore the Cooks River path, stop for a cheeky refreshment at Marrickville Golf Club, or discover hidden gems in the Inner West,” she says. “Holidays and weekend adventures now revolve around where we can go by bike. Even my husband bought an e-bike to join in!”



## Building confidence, one ride at a time

Her advice for others? “Take it slow and build your confidence. There are so many quiet, scenic routes around here that make riding safe and enjoyable.”

For Catherine, bike riding has turned commuting into something much more — a connection to her community, her family, and her environment. “It’s amazing how much more connected you feel to your community on a bike.” enjoyable option for their everyday trips.

*“We haven’t looked back”*

